

# Sonoma County Area Agency on Aging

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## AAA ADVISORY COUNCIL MEETING MINUTES

Wednesday, January 20, 2016  
3725 Westwind Boulevard - Carnelian Room  
1:00 p.m.

**Attendees:** Lea Black, Colleen Campbell, Robert Cortez, Judith Eisen, Terry Kelley, Sumedha Mona Khanna MD, Margaret Loftus, Joy Lovinger, Bob Picker, Jim Redding, Rabon Saip, Alain Serkissian, Diane Spain, Don Streeper

**Absent:** Brian Gillespie, Ruth Robeson, Bonnie Lasky

**Guests:** Dean Brittingham, Jane Eckels, Steve Eckels, Dorothy Fried, Colleen Hale, Emily Heinzelman, Rose Mankoff, Marriane McBride, Nancy Powers-Stone, Anita Tanenberg, Ginny Willes

**Staff:** Rhiannon Coxon, Norine Doherty, Diane Kaljian, Selena La Rue, Tracy Repp

1. WELCOME & INTRODUCTIONS/ANNOUNCEMENTS (Eisen): The meeting was opened with a welcome to all and introductions were made.
2. APPROVAL OF DECEMBER ADVISORY COUNCIL MINUTES (Eisen): Accepted as submitted. Spain/Picker MSC
3. CHAIR REPORT (Eisen):
  - Diane Kaljian presented the c4a "Excellence in Service Award" to Jane Eckels.
  - Membership Update:
    - 2 Advisory Council Appointments: Districts 3 (Zane) and 4 (Gore).
      - Applicants scheduled for interviewed on February 17<sup>th</sup>.
    - 2 Board of Supervisor Appointments – District 4 (Gore), District 1 (Gorin).
      - Announcement of appointments to be made before next Advisory Council meeting 2/17/16.
  - New Advisory Council Member Orientation Meeting:
    - New dates to be announced for February for Brian Gillespie, Lea Black and Terry Kelley, and possibly new BoS appointees.
      - Jim Redding and Judith Eisen to provide orientation.
  - AAA Advisory Council Attendance:
    - Discussed importance of attending Advisory Council and to standing committees meetings.
    - After 3 consecutive missed meetings, members will receive a notice from Ruth Robeson. Members can request a leave of absence.
    - Reminder that all Advisory Council members need to also be part of a standing committee.
  - Holiday Party:
    - Executive Committee discussed future of the holiday party due to attendance mostly due to time of year and sickness.
    - Recommendation to have party to a different time of year. No definitive new date chosen.

- Thanked COA's Noble Spoon program for providing lunch and Windsor Senior Center for use of their venue.
  - AAA Service Provider Monitoring – AC Member Participation:
    - Lively Discussion regarding the importance and benefits of Advisory Council members attending provider monitoring; supports AAA Providers, informational/educational, beneficial to all involved.
    - Monitoring sign in sheet provided for AC members participation.
5. CORRESPONDENCE (Khanna):
- Passed around cards for members to sign for Jane Eckels and Mary Kaufmann
6. DIRECTOR'S REPORT (Kaljian/Repp):
- CCOA meeting on January 21 – 22, 2016 at Vintage House, Sonoma
    - Jennie Chin Hansen presentation on "Aging Gauging", other presenters on elder abuse, financial issues, ageism, from District Attorney Jill Ravitch, Gary Fontenot, and Legal Aid.
    - Friday meeting is open to the public.
  - Aging Together Event on December 10<sup>th</sup>
    - Approximately 100 people attended with presentations by Nancy Hoffman (psychologist) and Lucy Andrews (nurse).
    - Focused on dementia and keeping one's brain healthy
    - Aging Together Steering Committee will plan another event that focuses on nutrition in April or May 2016.
  - Federal Budget Update:
    - Increases: Congregate meals, home-delivered meals, in-home caregiver support, Elder Justice Act funding doubled, and there was an increase in Alzheimer's support.
  - State Budget Update:
    - IHSS 7% reduction for several years, but has been reinstated.
    - Payment of overtime to caregivers when they work over 40 hours per week
    - Cost of living increase for SSI and SSP.
  - Fiscal Officer:
    - Ilene Moran will retire at the end of February.
7. SERVICE PROVIDER PROGRAM HIGHLIGHT (Dean Brittingham, Sebastopol Senior Center)
8. **PRESENTATION: Overview of Elder Justice Initiatives in Sonoma County; Gary Fontenot, Adult & Aging Division Section Manager and Tara Underly, Adult Protective Services Community Liaison**
9. INFORMATION SHARING
- Council on Aging: New Venue on Derby Day: Saturday, May 7<sup>th</sup> at Chateau St. Jean
10. PUBLIC ANNOUNCEMENTS
- (Eisen): Judith Eisen advised of her art exhibit at Finley Community Center through 1/28/16.
  - (Campbell): Newsletter for March/April/May; asked service providers to provide upcoming events for inclusion.
  - (Lovinger): Local women's shelter is looking for contributions to complete their wish list. Contact her for more information.
  - (Saip): Has copies of the COPA workbook. Contact him for more details.

## 11. PROJECT UPDATES: (Repp/Coxon)

- Area Plan: Draft will be ready next week. Will go through Planning and Funding Committee, then Advisory Council by March.
- AAA Program Monitoring:
  - Sign-Up Sheet Passed Around (Previously discussed)
  - Nutrition monitoring is done every year, other programs monitored every other year
- Senior Resource Guide: Working with 2-1-1 to manage and verify the data
- Older Americans' Month in May – need to begin event planning, workgroup formation

## 12. SUB-COMMITTEE AND COMMUNITY MEETING REPORTS (REFER TO ATTACHED MINUTES WHERE APPLICABLE):

### **Advisory Council**

- Executive Committee (Eisen for Robeson)
  - Please see minutes.
- Legislative Committee (Campbell)
  - Each member has a topic that they have chosen to follow and report on these topics throughout the year.
- Planning and Funding Committee (Repp for Spain)
  - Area Plan Discussion
  - Monitoring Tool Review
  - Request for Proposal for 2017-2021 targeting October 2016 release.
- Transportation and Mobility Committee (Kelley)
  - Presentation from Planeteria regarding Sonoma Access website
  - Bay Area Clipper Card soft launch for Sonoma County 1/17/16
  - Price of bus fares are increasing slightly (60 – 75 cents, depending on zone), and raising the age of seniors from 60 – 65 to align with other counties.

### **Workgroups**

- Housing (Lovinger)
  - Suspending Housing Workgroup due to lack of attendance and projects of focus.
  - Will reconvene as new projects are identified.
- Newsletter (Campbell)
  - Newsletter coming out in the beginning of March. Will bring to Executive Committee in February.
  - Requesting content from Advisory Council Members.

### **Community**

- My Care, My Plan (Lasky)
  - Lasky absent.
- California Senior Legislature (CSL) (Campbell)
  - No meeting.
- Collaborative on Positive Aging (COPA) (Khanna/Saip)
  - COPA flyer requesting collaborators distributed in Agenda Packet
- Elder Protection Workgroup (Robeson)
  - Robeson absent.

- Family Violence Prevention Council (Robeson)
  - Robeson absent.
- Hunger Index (TBD)
  - (Repp) Requested volunteers to join.
- Section on Aging/Santa Rosa (Redding)
  - No report this month.
- Senior Care Connection/Petaluma (Lovinger)
  - Meeting tomorrow (01/21/2016)
  - State Liaison may be able to present at future AC meeting.
- Triple A Council of California (TACC) (Eisen)
  - Judith Eisen is resigning from the position and Ruth Robeson volunteered to begin attending.
- Transit-Paratransit Coordinating Committee (TPCC)(Saip)
  - SMART train representative reported on the Jennings Pedestrian crossing. .
  - Norine Doherty provided AAA grant activities update on Sonoma Access website, volunteer driver programs, and travel vouchers
  - New bus routes mentioned.
  - Launch of Clipper Card.
  - Sonoma County Transit is now providing paratransit in Cloverdale.

13. ADJOURNED at 3:00 PM

14. NEXT MEETING: Wednesday, February 17, 2016 at 1PM