



## **AAA ADVISORY COUNCIL MEETING**

Wednesday, April 19, 2017

Carnelian Room

1:00 p.m.

## **MINUTES**

**Present:** Jen Arent, Lea Black, Dorothy Fried, Peter Holewinski\*, Terry Kelley, Bonnie Koagedal, Susan Kornblatt Idell, Sumedha Khanna MD, Bob Picker, Jim Redding, Rabon Saip, Alain Serkissian, Diane Spain, Don Streeper, Hav Staggs; Laurie White

**Absent:** Judith Eisen, Brian Gillespie, Jenny Helman, Ruth Robeson, Jani Sheppard

**Guests:** Crista Chelemedos (Senior Advocacy Services), Marianne McBride (Council on Aging), Anita Tanenberg (Petaluma People Services Center), Emily Heinzelman (Russian River Senior Center)

**Staff:** Gary Fontenot, Tracy Repp, Rhiannon Coxon, Norine Doherty, Judy Oates

- 1. WELCOME & INTRODUCTIONS/ANNOUNCEMENTS** (Redding for Robeson) – meeting was called to order at 1:03 p.m. all were welcomed and introductions were made.
- 2. APPROVAL OF MARCH ADVISORY COUNCIL MINUTES (ACTION):** (Redding) – Motion to approve the March 15, 2017 meeting minutes. Saip/Arent (MSC) to approve; motion approved unanimously.

*Peter Holewinski joined the meeting.*

### **3. CHAIR REPORT** (Redding)

- **Membership Update**  
Members reviewed Jenny Helman's application to the Area Agency on Aging Advisory Council as an At-Large Member (District 4). Motion to approve Jenny Helman. Black/Fried approved; motion approved unanimously.  
  
Terry Kelley was reappointed for a two year term representing Supervisor Hopkins (District 5)
- **Senior Rally Day at the Capitol 5/11/17**  
Coxon sent members a link to register for the event, members planning to attend should register and let Repp, Coxon or Doherty know Tentative attendees at this time include Holewinski, Saip, Robeson, and Crista Chelemedos (Senior Advocacy Services).
- **AAA Website**  
Repp provided an overview of AAA website located at [socoaaa.org](http://socoaaa.org). Information available on the site includes a calendar of meetings, agendas and minutes, available services, funding, events information such as the Senior Arts Show, and information about Aging Together Sonoma. Repp advised AAA Newsletter to be added. .
- **Leadership Award (May Meeting)**  
Executive Committee requesting community member recommendations from the Advisory Council to receive the Area Agency on Aging Marge Ling Leadership Award this year. The award recognizes exemplary leadership in the field of aging. Can be a community member or an Advisory Council member. Forward recommendations to AAA staff before the May Executive meeting.

- Advisory Council Presentations  
Executive Committee requesting recommendations from Advisory Council for presenters for FY 17/18 Advisory Council meetings. Suggestions included presentations from service providers and relevant topics of aging.

Repp suggesting to reduce the presentations from two per meeting to one to allow for additional time for Advisory Council member business and to keep meetings on schedule (have been going later than 3PM). Redding advised meetings will continue in the current format this fiscal year.

- Other
  - Khanna - 13th Annual Healthy Aging Symposium - flyer distributed.
  - Staggs reminded members of the Brown Act rules regarding discussing advisory council business by email. This creates a “serial meeting”.
  - Serkissian recommends a presentation to the Council on Assisted Living Waiver program. Repp will bring suggestion to the Executive Committee for inclusion in next fiscal year agenda.

#### 4. PUBLIC HEARING – REVIEW FY 2017-18 AREA PLAN UPDATE

- Open Public Hearing (Redding) at 1:30 pm
- Presentation of Area Plan Update for FY 2017-18 (Spain/Repp)
  - Spain explained the plan looks ahead to next fiscal year and looks retrospectively at what was accomplished in FY 2016-17.
  - Spain and Repp reviewed the sections of the Area Plan Update focusing on Section 9 – Goals and Objectives and Section 10 – Service Unit Plan Objectives.
- Public Comment
  - No public comment.
- Adjourn Public Hearing – Public Hearing adjourned at 1:45 p.m.
- Discussion by Council Members
  - Khanna commented some new objectives seem more measurable than others. Repp advised Planning & Funding Committee will create a plan in FY 17/18.
  - Goal 1.7 – Expand Awareness of Ombudsman Program
    - Idell asked if Council was ready to commit to goal before Council approves the plan.
    - Fried asked Crista Chelemedos, Executive Director of Ombudsman program for ideas how Council could assist in FY 2017-18. Meeting with Ombudsman program will be set to discuss.
    - Kelley and Koagedal in discussion of activities to fulfill goal.
    - Spain and Koagedal stated that ongoing outreach and communication about Ombudsman programs is important as many in the community are not aware of what the Ombudsman is.
    - Fontenot advised objective is broad, could be met by doing a presentation or a one-time event. Chelemedos suggested an educational session for the Council to be able to discuss Ombudsman program in the community.
    - Redding responded the objectives are what the Council intends to achieve, not a contracted obligation, may change or not be able to be reached.
- Review FY 2017-18 Area Plan (ACTION)  
A motion was made to approve the FY 2017-18 Area Plan. Spain/Picker approved as presented; motion approved unanimously, no abstentions.

## **5. DIRECTOR'S REPORT (Fontenot)**

- Federal budget no new information; Continuing Resolution in effect until April 28.
- Adult & Aging Division Director Recruitment has closed. Interviews will begin in April and with plan for new director in place in June.
- Human Services South County Center opening April 26 in Petaluma at 5350 Old Redwood Highway. Announcement flyers available to share. Open House scheduled May 31 at 4:00PM. Includes visits by Supervisor Zane, Clo the Cow, and others. Serkissian asked if there will be a conference room large enough to hold Council meetings. Advised would be possible.
- Year of the Senior update. The Economic Development Board will be updating the EDB website to reflect the Year of the Senior. AAA has provided website content and is working on creating a logo. Potential event in planning stages to highlight senior entrepreneurs and creating an Age Friendly Employer program. Aging Together-Age Friendly Cities initiative is partnering with Regional Parks for "Age Out Loud, Age Outside" event scheduled on May 18 at Spring Lake.
- Supervisor Zane or a representative will be invited to present the Gold Resolution proclaiming May as Older Americans Month at May 17 Council meeting.
- Two c4a bills have passed. AB614 – Information & Assistance Specialist for Alzheimer's and Dementia and AB1200 – Codify language for Aging & Disability Resource enter (ADRC) to allow counties to access Medicare funding.

## **6. NOMINATION SLATE OF OFFICERS FOR FY 2017/18 - Nominating Committee**

- Redding - Nominating Committee Chair. Committee to bring forward to 5/17/17 Meeting:
  - Judith Eisen – Chair
  - Sumedha Mona Khanna – Vice Chair
  - Diane Spain – Secretary
  - Additional nominations can be made at the May meeting before the vote. No nominations provided at this meeting.

## **7. INFORMATION SHARING/PUBLIC ANNOUNCEMENTS**

- Chelemedos – Mother's Day breakfast on May 12, at Oddfellows Hall in Santa Rosa.
- McBride - Derby Day Fundraiser 5/6/17.

## **8. BREAK** recess at 2:15, reconvened at 2:25 p.m.

## **9. PROJECT UPDATES:** (Repp/Coxon/Doherty)

- Year of the Senior Activities
  - Doherty - Senior Expo scheduled for May 6 at the Finley Center from 9:00 am to noon. Arent, Holewinski, Black, White, and Khanna volunteered to staff table.
  - Doherty - 2018-2020 Large Urban Area (Large UZA) Caltrans grant was announced with AAA receiving \$427,289 in funding. Announcement of the statewide Small Urbanized Areas (Small UZA) grant proposal for feeder shuttle in West County areas has not been announced.
  - Coxon - 20th Annual Senior Art Show will be running July 18 through September 7. The Year of the Senior is the theme. Show is open all seniors age 60 and over and any mediums of art, one entry per person.

- AAA Twitter Account (@Sonoma3A)
  - Repp announced AAA has a Twitter account. In the beginning stages. Following the Board of Supervisors and other elected officials. Repp invited members to provide content for staff to tweet.

## 10. SUB-COMMITTEE AND COMMUNITY MEETING REPORTS

- Advisory Council
  - Executive Committee (Redding for Robeson) – Discussed membership, the Advisory Council presentation schedule, Leadership Award, Year of the Senior.
  - Legislative Committee (Picker) – Six topics presented on this year, two topics will be selected for action and presentation to the Council next year. Legislative Committee meets the second Wednesday of the month 10:30 – 12:00.
  - Planning & Funding Committee (Spain) – Monitoring completed, no major findings. Redding encouraged members to attend future monitoring. Planning & Funding Committee meets the first Wednesday of the month from 1 – 2:30 p.m.
  - Transportation & Mobility Committee (Kelley) – Discussed volunteer driver programs, Caltrans funding, voucher program. Work is being done for a program to allow cross line transportation. Meetings are held the second Fridays of the month at 1:00 pm in this room.
- Workgroups
  - Housing (Arent) – First meeting held with a wide range of participants; Community Development Commission, SHARE Housing, Petaluma People Services Center, Habitat for Humanity, Council on Aging, Legal Aid of Sonoma County, Linkages to Senior Housing program staff. First focus on providing advocacy for homeless prevention for seniors, gaps and barriers and identifying ways to mitigate issues for those on the verge of losing housing.
  - Newsletter (Khanna) the next issue will be in July. This document is a work in progress as we continue to improve as people get new ideas. Please bring your suggestions. There are four stories, a plan update, and a list of upcoming senior events in this issue. It will be ready for review at the June meeting for distribution in July.
- Community Meetings – Advisory Council Participation
  - Aging Together/Age Friendly Cities (White/Saip) Aging Together/Age Friendly project coming on May 18, Age Out Loud, Age Outside to be held at Spring Lake Village and Spring Lake Park. After the talk, the group will be bused to Spring Lake Park for activities, this is a free event. Spain is putting together a questionnaire about how senior friendly your city is or area is.
  - My Care, My Plan (MCMP) (Saip) Worked with a small group on advance health care directives and would like to reach out to more people. There is a lot of negative self-talk about aging and making these plans gives people a sense of purpose and control. Jonie Thatcher was able to attend a meeting last year and was a great speaker. Please put some thought into your plan for your own life.
  - Section on Aging/Santa Rosa (Fried/Holewinski/Redding) –Fried and Koagedal attended. Speaker was from the North Bay Parkinson’s Foundation. He was excellent recommend as a potential future Advisory Council presentation. Koagedal is on the leadership team.

- Senior Care Connection/Petaluma (Streeper) – Meeting is tomorrow, speaker from Healdsburg to show and discuss the Alive Inside documentary.
- Triple A Council of California (TACC) (Redding) – No report.
- Transit-Paratransit Coordinating Committee (TPCC) (Doherty) – Requesting public input and invite attending meetings. The Oakmont para transit shuttle that was run from Santa Rosa City Transit to Sonoma County Transit. Sonoma County Transportation Association (SCTA) is looking at reauthorizing Measure M.
- Announcement by Saip: Sumedha Mona Khanna MD was recognized as one of eight women graduates of the first medical college for women in India as the school celebrated their centennial.
- Community/Advocacy Meetings – Watch List
  - California Congress of Seniors
  - California Senior Legislature (CSL)
  - Collaborative on Positive Aging (COPA)
  - Elder Justice Coalition
  - Family Violence Prevention Council

**11. ADJOURN** meeting adjourned at 3:00pm

**NEXT MEETING:** Wednesday, May 17 at 1PM  
AT THE HUMAN SERVICES SOUTH COUNTY CENTER  
5850 OLD REDWOOD HIGHWAY – PETALUMA