



AAA ADVISORY COUNCIL MEETING

Wednesday, September 21, 2016
Carnelian Room
1:00 p.m.

MINUTES

Present: Jen Arent, Lea Black, Judith Eisen, Dorothy Fried, Brian Gillespie, Peter Holewinski, Sumedha Mona Khanna, MD, Bob Picker, Jim Redding, Ruth Robeson, Rabon Saip, Hav Staggs, Don Streeper, Diane Spain, Laurie White

Guests: Pat Coleman (Village of Sonoma Valley), Emily Heinzelman (WCCS/Russian River Senior Center), Yuli Jacobson (Legal Aid), Marrianna McBride (Council on Aging), Laura Moore (Senior Advisory-Healdsburg), Diana Murray (Federated Indians of Graton Rancheria), Michele Osmon (Catholic Charities), Nancy Powers-Stone (Redwood Caregiver Resource Center), Ronit Rubinoff (Legal Aid), Cynthia Scarborough (Vintage House), Anita Tanenberg (Petaluma People Services Center), Michele Whitman (District Director to Supervisor Zane)

Absent: Terry Kelley, Alain Serkissian

Staff: Diane Kaljian, Tracy Repp, Rhiannon Coxon, Norine Doherty, Nancy Martin, Irma Ramirez, Victoria Gonzalez Allen

1. **Welcome & Introductions/Announcements** (Robeson) – Meeting called to order at 1:02 p.m. All were welcomed and introductions were made.
2. **Approve June 15, 2016 Advisory Council Minutes (ACTION)** (Robeson) Redding motion to approve June 15 minutes with changes. Saip MSC motion carried forward with changes to add Diane Spain to present and Hav Staggs to absent.
3. **Fall Prevention Awareness Week Gold Resolution Presentation**, Michelle Whitman, District Director to Supervisor Shirlee Zane presented the Gold Resolution in recognition of Fall Prevention Awareness Week to the Advisory Council.
 - Proclamations received from City Councils: Cloverdale, Cotati, Healdsburg, Petaluma, Sebastopol, and Sonoma.
 - Other activities include: magnets on ambulances in Sonoma County, Matter of Balance information and Falls Prevention information sent out to all nutrition providers. Eisen suggested providing nightlights as part of fall prevention awareness week.
4. **Chair Report** (Robeson)
 - *Reappointment* of Diane Spain (at-large District 5) and Don Streeper (Advisory Council District 2).
 - Motion for reappointments of Spain and Streeper was made by Eisen/ Black MSC all in favor, motion carried forward.
 - Redding reappointed at the Board of Supervisors meeting on 9/19/2016.
 - *Membership Update* – 4 open positions (2 at-large, 1 Gorin, 1 Gore). Press releases have been sent. Application and member responsibilities on AAA website. Staggs asked for clarification between at-Large vs. appointed by supervisors. Advised At-Large member can be from any supervisorial district, BoS specific to each supervisor. Staggs advised if needed, could move from At-Large to Supv Gorin appointee. Pat Coleman, (guest at meeting) advised she has contacted Gorin's office for possible appointment. Black requested for press release and application sent to her. Robeson advised By-laws require

we represent the community diversity, and therefore the committee is currently seeking out Latino representatives. Doherty advised on outreach to Latino community ongoing including potential for ad on local Spanish radio. Khanna will reach out to a possible candidate.

- New Advisory Council Member Orientation– on 9/21/2016 after the Advisory Council meeting scheduled from 3:00 p.m. - 4:30 p.m. (Picker, Eisen, and Repp).

5. **Correspondence** (Khanna)

- Council received a note and donation from Susan Alesi (previous AAA Program Manager) to acknowledge Henry Lasky's passing.
- October is domestic violence month; YMCA is sponsoring events.

6. **Directors Report:** (Kaljian)

- Jerry Dunn retiring 9/26/16. The new Director of the Human Services Department is Karen Fies (former Human Services Department Assistant Director).
- State budget has been signed.
 - Senior Nutrition: \$2 million awarded across the state for home delivered meals, Sonoma amount is approximately \$20,000.
 - Ombudsman: \$1 million one-time only increase; Sonoma amount is approximately \$14,000.
 - APS received \$3 million state-wide in training funds.
 - California Senior Legislature: one time only \$500,000 to continue operating. Advisory Council involvement to be decided by Legislative Committee.
 - The Federal proposal to eliminate funding for HICAP did not pass.
- Senior Art Show is on display at Finely Center now through October 20, 2016. Committee member Eisen has a painting at the show.
- *n4a Conference in San Diego* – AAA received an Achievement award for My Care My Plan; n4a Annual Report was distributed. Conference program available for review. AAA presented two sessions; Aging with Pride; My Care My Plan. Kaljian participated with other California AAA directors in presenting Vision 2025. The conference was well attended.
- Kathy Greenlee, Assistant Secretary of Health and Human Services and the Administration for Community Living under President Obama has retired; Edwin Walker is the Interim Director.
- Aging Together project, Saip and Khanna will attend planning day on 9/22/2016 at Council on Aging.

7. **Service Provider Program Highlight**

- Catholic Charities of Santa Rosa – Michele Osmon

8. **Presentation:** Age Friendly Cities – Marrienne McBride

9. **Information Sharing/Public Announcements:**

- Fried, distributed flyers for a program on October 6 in Sonoma. Advance Health Directive and financial planning.
- Scarborough – Sonoma City Council approved a pilot project to allow safe parking for those who are currently living in their cars. Project provides 5 parking slots behind the police station to stay for up to a 6 month period.
- Fried on Henry Lasky's memorial - very touched in meeting him and attended his memorial on Sunday 9/18/2016. He impacted so many lives, was a vital resource to AAA; he symbolizes who we want to be as we get older. Fried hopes we carry his spirit with us always.
- Tanenberg – commented on Henry Lasky, he was a very special person to all of us, very dedicated, fabulous, and humorous.

- Fall Prevention Day is 9/22/2016; Fall Prevention meeting on Saturday at the Petaluma Senior Center and at assisted living facility Valley Orchards.
- Flyers were distributed. Information for fall prevention classes provided to physicians on 9/22/2016.
- The Latino Service Providers Monthly Meeting is being held at PPSC in September.

10. August Training Day Recap (Robeson)

- Kelley, Coxon and Spain organized the training day.
 - Well received, enjoyed presentations, great to be with each other.
 - Executive Committee brought forward possibly changing the name from “Training Day” to another name that is broader than “training”. Discussion to continue.

11. Project Updates: (Repp/Coxon/Doherty)

- Senior Resource Guide (Coxon) –Spanish Senior Resource Guide arrived. Planning beginning for 2017 Senior Resource Guide with the goal to have both Spanish and English versions ready for the beginning of the year.
- Fall Prevention Awareness (Doherty) covered previously.

12. Sub-Committee and Community Meeting Reports:

- Executive Committee (Robeson)
Discussed members appointed by a Supervisor should be meeting with their supervisors a few times a year to keep them informed of the committee meetings, at minimum provide a copy of the minutes. Retaining members is an ongoing issue.
- Legislative Committee (Picker)
Committee members met with Assembly member Dodd, Senator McGuire, and Assembly member Wood. Meetings were, informal, informative; the committee was very impressed with all three. Assembly member Wood would like to attend an Advisory Council meeting. Legislative committee is in the process of forming a strategy for this year.
- Planning and Funding Committee (Spain)
Committee working on the Request for Proposals for services for FY2017-2021. The committee meets the 1st Wednesday at 1pm if anyone would like to join.
- Transportation and Mobility Committee (Doherty for Kelley)
Year-end wrap-up celebrating success, discussed volunteer driver program, voucher program, and partnership with Lyft. Fried advised gogograndparents.com, no smart phone needed but does cost per mile. SACTS Consortium meeting 10/14/16 – hosted by Drennen Shelton with the Metropolitan Transportation Commission to do a focus group for the upcoming Bay Area Human Services Coordinated Transportation Plan.
- **Workgroups**
 - Housing (Arent) Nothing new to share, will meet with Coxon for next steps. Possibly convening an affordable housing panel. Discussed that housing and homeless intersect. Robeson advised legislators showing interest in homeless issues. Robeson is interested in obtaining Sonoma County statistics on senior homelessness. Picker learned of a bi-partisan bond issue for \$5 billion dollars where state will support housing; however target is for families with children. Eisen asked if IIID money can be used for housing. Repp advised IIID money is for evidence-based health promotion and disease prevention programs.
 - Newsletter (Khanna) Work has started on newsletter with goal to be ready by December 7 for Executive Committee. Would like Council to contribute content if interested. Request for reports from each sub-committee to highlight activities. New members will be added to newsletter. Robeson commented that the first edition was great.
- **Community**

- My Care, My Plan (MCMP) (Saip) Steering committee members have made several presentations in recent months, including to the Section on Aging on 9/21/16 (100 people attended) and to the Committee for Health Care Improvement (CHI), a sub-committee of Health Action. At the CHI meeting, MCMP co-presented with Luke Entrup, Director of Programs and Innovation with West County Health Centers (WCHC), about their work to bring advance care planning education to every older adult patient. MCMP received an award from n4a, California Compassionate Care leadership award. MCMP has been asked by the London School of Economics to participate in a research study it is conducting on advance care planning community initiatives. Will hold a panel discussion at the Cinnabar Theatre in Petaluma at the October 23 matinee of “The Quality of Life” by Jane Anderson (right to life, assisted suicide, medical marijuana).
- California Senior Legislature (CSL) – Discussed above.
- Collaborative on Positive Aging (COPA) (Khanna) next meeting is on 9/22/2016.
- Elder Protection Workgroup (Robeson) Robeson is stepping down and is looking for a replacement. World Elder Abuse Awareness Day (WEAAD) meeting on 9/21/2016 to start planning for 2017.
- Family Violence Prevention Council (Open/Robeson) AAA Advisory Council not represented, contact committee if interested. Meets the first Thursday of the month at Family Justice Center at 4:00 p.m.
- Hunger Index (Open) (Doherty), meets monthly; actively planning presentations to Petaluma and Cloverdale City Councils.
- Section on Aging/Santa Rosa (Fried, Holewinski, Redding) MCMP was focus at last meeting, Dr. Marquez from Kaiser presented. Next meeting date is October 18, at 2:00 pm.
- Senior Care Connection/Petaluma (Fried) no speaker at this meeting mainly networking and getting involved with Alzheimer’s walk, volunteers are needed to help with this event. Streeper advised that Adobe House is hosting a car-show on 9/24/16 from 10-4pm.
- Triple A Council of California (TACC) (Robeson) Meeting on 9/13 and on 9/14 attended the SCAN Foundation Summit, learned about Long Term Services and Supports and person centered care model; mandating long term care insurance. Bob Blancato, Chair of the American Society on Aging presented. Information to be shared via email.
- Transit-Paratransit Coordinating Committee (TPCC)(Doherty for Saip) meeting on 9/20 MTC was highlighted. Sonoma County Transit working on a route to align with SMART service for shuttle between airport to SMART terminal.

13. **Adjourn:** The meeting was adjourned at 3:15 p.m.

Next Meeting: Wednesday, October 19, 2016 at 1:00 p.m.